

# Strategies for Effective Teaching and Learning

## Orientation and Mobility Tips

- Eliminate unnecessary obstacles; inform student of changes in room arrangement or of any temporary obstacles.
- Keep doors completely closed or completely open to eliminate the possibility of the student's running into a partially open door.
- Allow the student to travel with a companion to frequently used rooms such as the library, school office, restroom, and gym. Discuss routes with turns and landmarks.
- Allow the student to move about freely until the room and route are familiar.
- Encourage the use of a sighted guide for fire drills, field trips, assemblies, and seating in rooms that ordinarily have no assigned seats.
- Encourage independent travel in the familiar settings at school.

SOURCE: Adapted from R. Craig and C. Howard, "Visual Impairment," in M. Hardman, M. Egan, and D. Landau (Eds.), *What Will We Do in the Morning?* (Dubuque, IA: W. C. Brown, 1981), p. 191.